



The Woman's Club of Paramus
Palisades District
March 2012

Hello Ladies!

Hope everyone is enjoying this spring-like warm weather? In keeping with last month's heart health theme, we must remember to get our heart rate up by doing some form of physical activity several times a day. Try to get some fresh air and do some walking to get your body moving. We must remember to take care of ourselves so we can keep taking care of everyone else!!

We are continuing our fundraising efforts with a Bunco Night on Friday, March 2nd at 7:30pm. Please call Shelley Rothstein or Rose Sondej to purchase your \$10 tickets. Tickets must be purchased in advance and we need everyone's support to make this a successful event.

The Palisades District Achievement Day will be Friday, March 16th at 9am at the First Congregational Church 276 Haworth Ave in Haworth. If you would like to see some great handmade items please contact Irma Leeds for a \$3 ticket. It is always nice to meet sister club members and see what they are making! Great ideas help spark our creativity!

We will be finishing out this fundraising year with a very busy May! We are planning a Rummage Sale, contact Helen Bussanich for table rentals. We also have a 50's Dance that is just in the planning stages. We continue to raise money for our charitable good works, so please look forward to supporting these upcoming fundraising events.

Mark Twain writes: "Kindness is a language which the deaf can hear and the blind can see". We continue to be kind, Ladies, with all our good works and deeds.

Sincerely,
Marie

Executive Board Meeting : Tuesday, February 28th at the Clubhouse

IMPORTANT INFO



SPECIAL STATE PROJECT-PHYLLIS ROMEO

Please bring at least one of the following to the General Membership meeting:

Parmalat milk

Non-dairy powdered creamer

Hot and cold cups

Plastic utensils

Napkins

Sugar packets

Palisades District State Project Fundraiser for Gilda's Club

Beefsteak- Saturday, March 24th 6-10pm \$45pp Dinner and Entertainment

Contact Phyllis Romeo for tickets



PLEASE ADD THE FOLLOWING NEW MEMBER TO YOUR YEARBOOK:

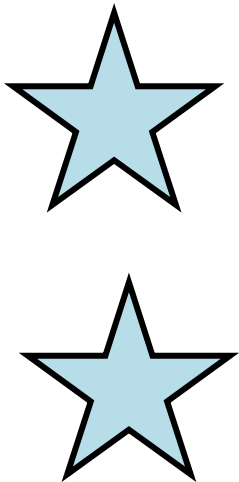
Linda Wicker

1124 E. Ridgewood Ave

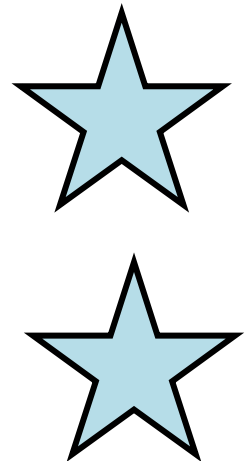
Ridgewood NJ 07450

201-445-4000

lwicker@bssbank.com



5TH ANNUAL BUNCO NIGHT
FRIDAY, MARCH 2ND 7:30 PM
\$10 TICKETS MAY BE PURCHASED BY
CONTACTING SHELLEY ROTHSTEIN
OR ROSE SONDEJ



“HEARTS FOR HOPE”



Add your Heart to the NJSFWC Special State Project “HEARTS FOR HOPE”

Contributions to the NJSFWC “HEARTS FOR HOPE” are made in honor/memory of a friend or loved one. The special person’s name will be placed on a heart and displayed at Headquarters to celebrate HOPE throughout the spring. All donations will support the SSP Gilda’s Clubs and Cancer Support Communities.

**To honor a loved one with a “Heart for Hope” please complete the following:
Make checks payable to: NJSFWC, earmarked “Hearts for Hope”
New Jersey State Federation of Women’s Clubs
Attention: Lynne Berenbroick
55 Labor Center Way, New Brunswick, NJ 08901-1593**

NAME: _____

CLUB: _____ DISTRICT: _____

ADDRESS: _____ TEL: (____) _____

**Individual donation - \$5/Heart
Club donation- \$25/Heart**

I would like to honor the following individuals with a Heart

1. Name on Heart _____
2. Name on Heart _____
3. Name on Heart _____
4. Name on Heart _____
5. Name on Heart _____

Total Amount enclosed \$ _____

HEARTS FOR HOPE donation deadline is March 30th, 2012